

POOL SCHEDULE – Y STAGE 2 in JULY 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-8a	Lap Swim (all)	Lap Swim (all)	Lap Swim (all)	Lap Swim (all)	Lap Swim (all)	Opens at 7am 7a-11:45a Lap Swim (all)	FROM MAY 1 - NOVEMBER 1 THE Y IS CLOSED ON SUNDAYS
8:00-8:30a	Lap Lanes(6)	Lap Lanes(6)	Lap Lanes(6)	Lap Lanes(6)	Lap Lanes(6)	Lap Swim (6) 7a-11:45a	
8:30-9:30a	8:30-9:30 a Aqua Fit (6)	8:30-9:30 a Aqua Fit (6)	8:30-9:30 a Lap Lanes (6)	8:30-9:30 a Aqua Fit (6)	8:30-9:30 a Aqua Fit (6)	Lap Swim (6) 7a-11:45a	
9:30-10:30a	Lap Lanes (6) 9:30-10 a Swim Lessons (3) 10-11 a	Lap Lanes (6) 9:30-10 a Swim Lessons (3) 10-11 a	Lap Lanes (6) 9:30-10 a Swim Lessons (3) 10-11 a	Lap Lanes (6) 9:30-10 a Swim Lessons (3) 10-11 a	Lap Lanes (6)	Lap Swim (6) 7a-11:45a	
10:30a - 1 p	Swim Lessons (3) 10:30-11 a Lap Lanes (3) 11a-1p (6)	Swim Lessons (3) 10:30-11 a Lap Lanes (3) 11a-1p (6)	Swim Lessons (3) 10:30-11 a Lap Lanes (3) 11a-1p (6)	Swim Lessons (3) 10:30-11 a Lap Lanes (3) 11a-1p (6)	Lap Lanes (6)	Lap Swim (6) 7a-11:45a	
1 -2p YMCA CLOSED	Sharks Swim Team (all)	Sharks Swim Team (all)	Sharks Swim Team (all)	Sharks Swim Team (all)	Sharks Swim Team (all)	Y CLOSED BY NOON	Y CLOSED SUNDAYS
2-3:00p	Senior Exercise Shallow end Lap Lanes (2)	Lap Lanes (6)	Senior Exercise Shallow end Lap Lanes (2)	Lap Lanes (6)	Senior Exercise Shallow end Lap Lanes (2)		
3:00-4	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)		
4-5p	Lap Lanes (6)	Swim Lessons (3) 4-5 p Lap Lanes (3)	Lap Lanes (4)	Swim Lessons (3) 4-5 p Lap Lanes (3)	Lap Lanes (6)		
5-6p	Sharks Swim Team 5-6 p (all)	Sharks Swim Team 5-6 p (all)	Sharks Swim Team 5-6 p (all)	Sharks Swim Team 5-6 p (all)	Lap Lanes (6)		
6-7p	Swim Lessons (3) 6-7 p Aqua Fit (3)	Swim Lessons (3) 6-7 p Lap Lanes (3)	Swim Lessons (3) 6-7 p Aqua Fit (3)	Swim Lessons (3) 6-7 p Lap Lanes (3)	Lap Lanes (6) 6-7p		

If you have questions, please ask the lifeguard on duty or the aquatics director.

PLEASE NOTE:

Senior Water Exercise Begins: Wednesday, July 1
Aqua Fit 8:30-9:30 a.m. Begins: Thursday, July 2
Aqua Fit 6-7 p.m. Begins: Monday, July 6
Swim Lessons Start: Monday, July 13 and runs through Thursday, August 6.



(Within the parentheses is the number of lanes, deep-end, or shallow-end available)
During the week, holidays & between lessons, lap swim will be offered if no make-up lessons are needed.
If you have any questions, please check with the guard on duty or front desk.