

YMCA POOL SCHEDULE – WINTER 2021

NOTE: LAP LANES ARE AVAILABLE ON A FIRST-COME-FIRST-SERVE BASIS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-8:30a	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Swim 7-9a (6)	THE Y IS CLOSED ON SUNDAYS
8:30-9:30a	Aqua Fit (6) 8:30-9:15	Aqua Fit (6) 8:30-9:15	Aqua Fit (6) 8:30-9:15	Aqua Fit (6) 8:30-9:15	Aqua Fit (6) 8:30-9:15	Lap Swim (6) 7a-9a	
9:30-11:30a	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Swim (4) 9-11a Routt Swim Team 9-11 (2)	
11:30-1p	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Swim (6) 11a-12p	
1-2 p	SWIM TEAM 1:15-2:30 (3) Senior Exercise (3)	SWIM TEAM 1:15-2:30 (3) Lap Lanes (3)	SWIM TEAM 1:15-2:30 (3) Senior Exercise (3)	SWIM TEAM 1:15-2:30 (3) Lap Lanes (3)	SWIM TEAM 1:15-2:30 (3) Senior Exercise (3)		Y CLOSING AT NOON Y CLOSED SUNDAYS
2-3p	SWIM TEAM 1:15-2:30 (3) Lap Lanes (3)	SWIM TEAM 1:15-2:30 (3) Lap Lanes (3)	SWIM TEAM 1:15-2:30 (3) Lap Lanes (3)	SWIM TEAM 1:15-2:30 (3) Lap Lanes (3)	SWIM TEAM 1:15-2:30 (3) Lap Lanes (3)		
3-4p	Routt Swim Team 3-5 (2) Lap Lane (4) Until 4:45	Swim Lessons 3:30-5 (2) Routt Swim Team 3-5 (2) Lap Lanes (2)	Routt Swim Team 3-5 (2) Lap Lane (4) Until 4:45	Swim Lessons 3:30-5 (2) Routt Swim Team 3-5 (2) Lap Lanes (2)	Routt Swim Team 3-5 (2) Y Swim Team 3:30-4:45 (3) NO LAP LANE 3:30-5		
4-5p	Routt Swim Team 3-5 (2) JHS Swim Team 4-6 (2) Y Swim Team 4:45-6 (2) NO LAP LANES	Swim Lessons 3:30-5 (2) Routt Swim Team 3-5 (2) JHS Swim Team 4-6 (2) NO LAP LANES	Routt Swim Team 3-5 (2) JHS Swim Team 4-6 (2) Y Swim Team 4:45-6 (2) NO LAP LANES	Swim Lessons 3:30-5 (2) Routt Swim Team 3-5 (2) JHS Swim Team 4-6 (2) NO LAP LANES	Routt Swim Team 3-5 (2) JHS Swim Team 4-6 (2) Y Swim Team 3:30-4:45 (2) NO LAP LANES 3:30-4:45		
5-6p	SWIM TEAM 4:45-6 (4) JHS Swim Team 4-6 (2) NO LAP LANES	JHS Swim Team 4-6 (2) Y Swim Team 4:45-6 (4) NO LAP LANES	SWIM TEAM 4:45-6 (4) JHS Swim Team 4-6 (4) NO LAP LANES	JHS Swim Team 4-6 (2) Y Swim Team 4:45-6 (4) NO LAP LANES	JHS Swim Team 4-6 (2) LAP LANE (4) 5-6		
6-7p	Swim Lessons 6-7 (3) Aqua Fit Lap Lanes (3)	Swim Lessons 6-7 (3) Lap Lanes (3)	Swim Lessons 6-7 (3) Aqua Fit Lap Lanes (3)	Swim Lessons 6-7 (3) Lap Lanes (3)	Lap Lanes (6)		

If you have questions, please ask the lifeguard on duty or the aquatics director.



(Within the parentheses is the number of lanes, deep-end, or shallow-end available)
During the week, holidays & between lessons, lap swim will be offered if no make-up lessons are needed.
If you have any questions, please check with the guard on duty or front desk.