

# GOJU RYU MARTIAL ARTS



**TUESDAYS AND THURSDAYS**

**7 years old through Adults**

**6:45-8:30 p.m.**

**(longer class time)**

Instructor Steven Foster has more the 43 years in martial arts! Teaching balance and harmony, not only in karate, but in mind, body and spirit in general.

## **What to bring to class:**

Bring a positive attitude.

Parents are welcome to come and watch.

## **Uniform**

All uniforms can be purchased through Steven Foster.

**\$50 for members, \$60 for non-members**